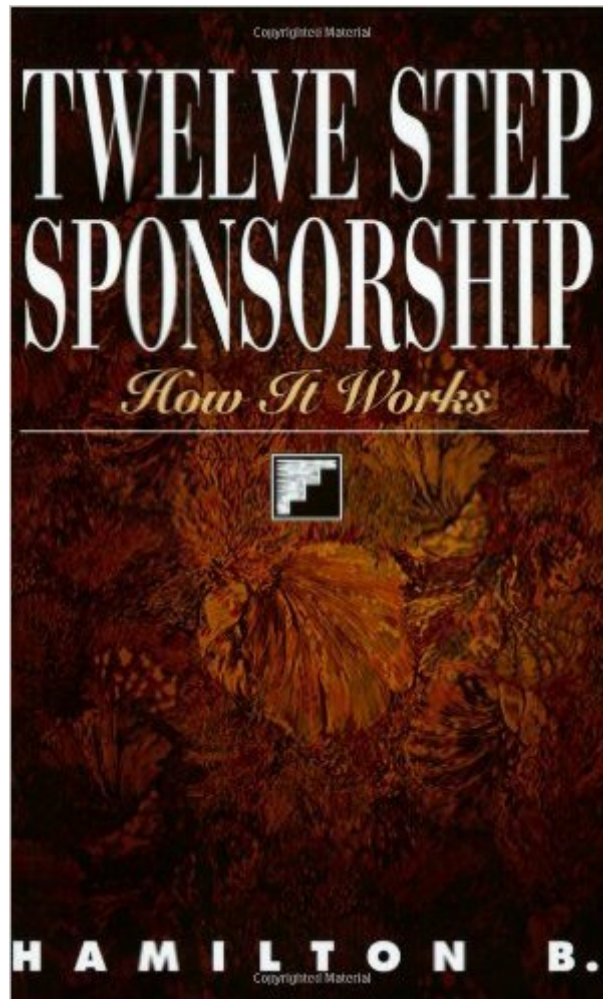


The book was found

Twelve Step Sponsorship: How It Works



Synopsis

Sponsorship is a rich and enduring part of tradition of Alcoholics Anonymous. Twelve Step Sponsorship delivers both the theory and practice--how to do it and why--in a clear, step-by-step presentation. Written by the author of *Getting Started in AA*, a widely acclaimed guide for the newcomer to the program of AA, *Twelve Step Sponsorship* is the first truly comprehensive look at sponsorship, a role recovering people benefit from both as sponsees and ultimately as sponsors. *Twelve Step Sponsorship* includes informative sections that deal with: Finding a sponsor Being a sponsor. *Twelve Step Sponsorship* offers a welcome reinforcement to the tradition of "passing it on" from one generation of sponsors to the next.

Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (115 customer reviews)

Best Sellers Rank: #50,439 in Books (See Top 100 in Books) #39 in [Books > Self-Help > Relationships > Friendship](#) #98 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs](#) #208 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse](#)

Customer Reviews

Unfortunately, there will always be people who attempt to dissect and dispute the success of Alcoholics Anonymous, of which sponsorship plays a vital part. Alcoholism is a deadly disease. Because of the anonymity of the twelve step programs, no "success rates" can be researched or documented with any validity or reliability and cannot be taken seriously. However, members of AA are not particularly interested in proving anything to anyone, except to be a living example of the program. This book explains clearly and succinctly how sponsorship works in leading sponsees through the twelve steps. The benefit of being a sponsor enhances one's spirituality even more than actually doing the twelve steps. I can honestly say that the twelve steps have saved my life and being a sponsor helps me keep which has been so generously and freely given to me. I do not

believe that Mike McF has any personal experience with the twelve steps, other than perhaps observing meetings. Recovery does not lie in attending meetings and attempting to dissect the steps intellectually. No wonder his understanding of the steps is so skewed and hateful!! The steps must be experienced. Being powerless ends the battle that is so self-defeating and it opens the door to finding where we truly have power. Seeing others with years of successful recovery (stopping drinking is not successful recovery because as Bill Wilson says "our alcohol is but a symptom.....we must get down to causes and conditions") is inspiring. I believe that a casual observers unfortunate distorted explanation of what a higher power really is in one's life indicates the desperate need to find a higher power.

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